

SEPTEMBER | 2023

Gallipolis City Schools Breakfast & Lunch Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>28</p>	<p>29</p>	<p>30</p>	<p>31</p>	<p>1</p> <p>Pizza Side Salad w/Dressing Sweet Potato Fries Fruit</p> <p><u>Breakfast</u> Sausage Pancake Sandwich</p>
<p>4</p> <p>No School Labor Day</p>	<p>5</p> <p>Chicken & Noodles Mashed Potatoes w/Gravy Green Beans Roll Fruit</p> <p><u>Breakfast</u> Fudge Pop-Tarts</p>	<p>6</p> <p>Bosco Sticks W/ Dipping Sauce Spinach Sweet Potato Fries Fruit</p> <p><u>Breakfast</u> Chocolate Chip French Toast</p>	<p>7</p> <p>Beef & Cheese Burrito Glazed Carrots Refried Beans Fruit</p> <p><u>Breakfast</u> Chocolate Muffin</p>	<p>8</p> <p>Pizza Corn Red Sidekick Blueberry Crisp</p> <p><u>Breakfast</u> Breakfast Pizza</p>
<p>11</p> <p>Mac & Cheese Steamed Broccoli Mixed Veggies Fruit</p> <p><u>Breakfast</u> Strawberry Pop-Tart</p>	<p>12</p> <p>BBQ Rib Sandwich Cole Slaw Hobo Beans Fruit</p> <p><u>Breakfast</u> Trix Cereal Bar</p>	<p>13</p> <p>Hot Dog French Fries Steamed Carrots Fruit</p> <p><u>Breakfast</u> Cook's Choice Yogurt</p>	<p>14</p> <p>Popcorn Chicken Mashed Potatoes w/Gravy Corn Fruit</p> <p><u>Breakfast</u> Powder Donut Holes</p>	<p>15</p> <p>No School Professional Development</p>
<p>18</p> <p>Cheese Burger Potato Tots Steamed Broccoli Fruit</p> <p><u>Breakfast</u> Blueberry Pop-Tart</p>	<p>19</p> <p>Chicken Patty Sandwich Steamed Carrots Steamed Peas Fruit</p> <p><u>Breakfast</u> Mini Pancakes</p>	<p>20</p> <p>Chicken Tenders Green Beans Sweet Potato Fries Fruit</p> <p><u>Breakfast</u> Banana Muffin</p>	<p>21</p> <p>Corn Dog Baked Beans Orange Sidekick Fruit</p> <p><u>Breakfast</u> Mini Waffles</p>	<p>22</p> <p>Pizza Corn Side Salad w/Dressing Fruit</p> <p><u>Breakfast</u> Pancake on a Stick</p>
<p>25</p> <p>Chicken Nuggets French Fries Broccoli w/Cheese Fruit</p> <p><u>Breakfast</u> Cook's Choice</p>	<p>26</p> <p>Taco in a Bag Cheese/Lettuce/Meat Refried Beans Steamed Carrots Fruit</p> <p><u>Breakfast</u> Coco Puffs Cereal Bar</p>	<p>27</p> <p>Wild Mike Bites W/ Dipping Sauce Baby Carrots w/ Dip Mixed Veggies Fruit</p> <p><u>Breakfast</u> Strawberry Banana Yogurt</p>	<p>28</p> <p>Salisbury Steak Mashed Potatoes w/Gravy Green Beans Roll Fruit</p> <p><u>Breakfast</u> Confetti Pancakes</p>	<p>29</p> <p>Pizza Corn Side Salad w/Dressing Fruit</p> <p><u>Breakfast</u> Glazed Donut Holes</p>

Menu is subject to change.

This institution is an equal opportunity provider.

Lunch and breakfast programs are Offer vs. Serve.

Fruit & 100% juice are served daily with breakfast.

1% & FF milk are served daily with all meals.

Breakfast

Student \$0.00

Adult \$3.00

Lunch

Student Paid - \$3.00

Student Reduced - \$0.00

Student Free - \$0.00

Adult \$4.00